

Packet 2 (Days 10-21):

Grades K-5

Specials eLearning Packet

In this packet there are
4 MORE lessons for each special:

-MUSIC

-ART

-PE

Your student may pick **any ONE** activity to do each eLearning day as their specials activity.
(ex: eLearning day 5: student picks->Music Activity 2)

After Completion of activity:
Please check off your student's activity on the
eLearning Day Verification Form.

If there are any questions please contact:
PE- Mrs. Witzman at: witzmank@newton.k12.in.us
MUSIC- Mrs. Moore at: mooreb@newton.k12.in.us
ART- Mrs. Zamora at: zamoraj@newton.k12.in.us

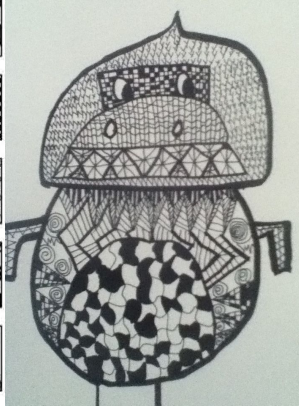
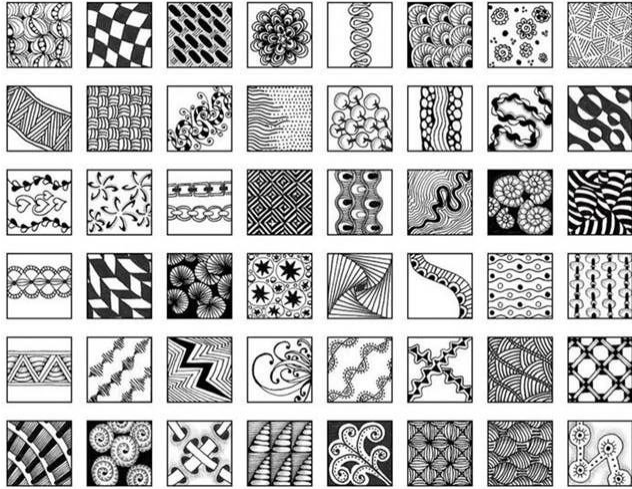
Mrs. Zamora's Art eLearning Activities

ART Activity 1:

- Artists like to draw some of their favorite things. Find your favorite toy. Draw a picture of your favorite toy. Draw on your own scrap paper. Use crayons to color if you have them.

ART Activity 2:

- Zentangles: Use different types of lines to create a Zentangle! A Zentangle is a type of artwork that combines different lines to create a picture. Below is an example of different



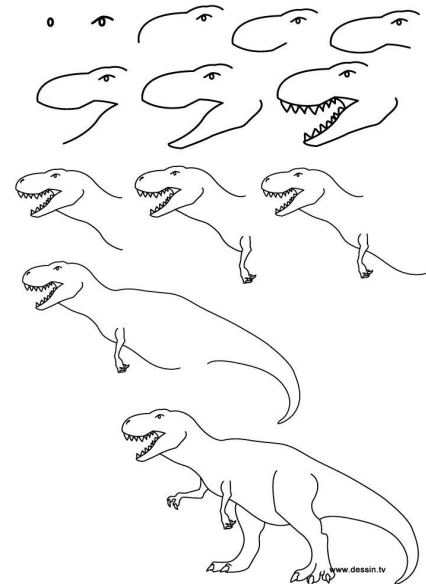
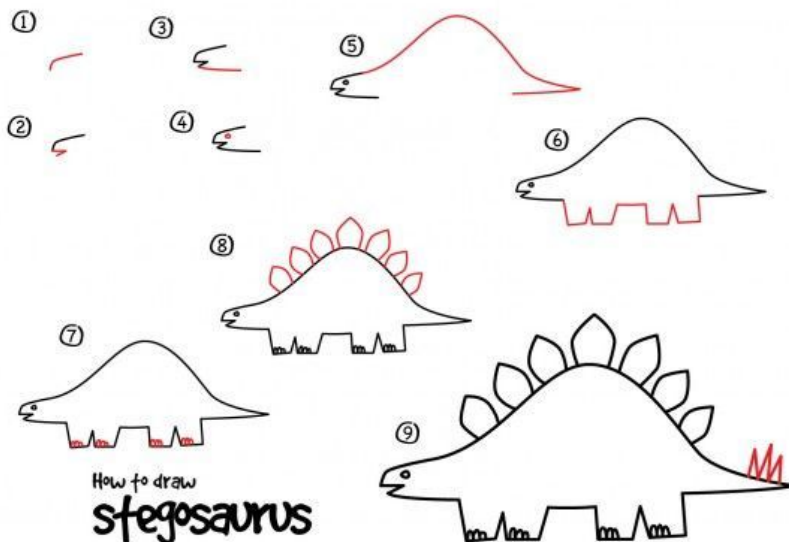
zentangle patterns to give you some ideas to get started. Now imagine a funny monster and draw a picture of that monster. Now use different zentangle patterns to fill up your monster's shape. Draw on your own scrap paper.

ART Activity 3:

- Visit the website **Art for Kids Hub** and choose another drawing lesson to follow:

<https://www.artforkidshub.com/how-to-draw/>

*If you do not have internet access, choose one of the below drawings to follow along with or draw your own dinosaur. Create a habitat/home for your dinosaur to live in. Draw on your own scrap paper.



ART Activity 4: Today you are a photographer! Use a device and take photos of your family members. Which picture is your favorite? Why is it your favorite? Share this with your family. If you do not have a device to take photos with use a scrap piece of paper and draw a picture of your family.

Mrs. Witzman's Physical Education eLearning Activities

P.E. Activity 1:

Create and write down your own tag game. Include the follow: number of taggers, what happens when you get tagged, and how do you get back into the game. OR Draw yourself and your classmates playing your favorite tag game.

P.E. Activity 2:

Roll up a pair of socks and set a clothes basket (or box) across the room. Practice your underhand tossing skills by tossing the pair of socks into the clothes basket. Do 10 practice tosses and then see how many tosses you can make in a row. Continue this activity for 10 minutes. (Try tossing from different distances or into different targets to change it up. Be sure to ask your parent or guardian if the target you have chosen to toss into is appropriate to use.)

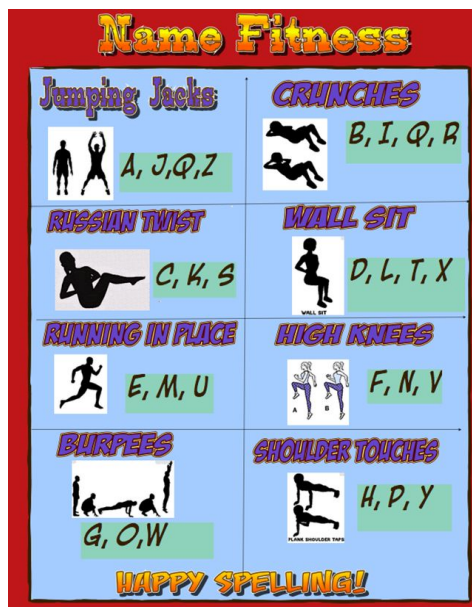
P.E. Activity 3:

Complete the workout below with another family member. Or create your own workout that includes 5 exercises to complete with a family member.

Complete 5 rounds of the following exercises. Do each exercise for 30 seconds. Take a break after each round, if it is needed.

Squats
Push Ups
Burpees
Sit Ups
Lunges

P.E. Activity 4:



Use the document "Name Fitness Card" to the left to complete a workout. Write down your FULL name. Do the exercise that is in the chart for each letter of your name. If you want, you can write family members' names, spelling words, or days of the week and complete the workout again! Happy spelling!

Mrs. Moore's Music eLearning Activities

MUSIC Activity 1:

- I love to share different kinds of music with you! Sometimes, we don't know that we will like different kinds of music unless we listen to it. Ask your parent or guardian to play one of their favorite songs for you. After you are done listening, talk to them about whether you liked the song or not, and WHY! Ask them to tell you one interesting fact about the song or the musician. Write down what you listened to and the fact you learned.

Music Activity 2:

- Our bodies can make a rainstorm! We can use body percussion to sound like a storm is coming. Have some of your family members join you and really make the sound come down!
 - Drizzle - Rub hands together (The faster you rub, the louder the drizzle becomes)
 - Rain Drops - Snapping fingers
 - Heavier Rain Drops - Pat legs
 - Thunder - Stomp feet
- Practice doing the body percussion, and then make it harder by starting the storm and then making it go back to drizzle.

Music Activity 3:

- We hear all kinds of instruments throughout our whole day. Maybe it's just the ringing of a bell or a whole group of drums, but we hear more instruments than we think we do. Listen today and see what instruments you hear. Draw two of those instruments the best you can and label them with the correct names.

Music Activity 4:

- Create a Rhythm

1. Sing the song below:

A Sailor went to sea, sea, sea
To see what he could see, see, see
But all that he could see, see, see
Was the bottom of the deep blue sea, sea, sea.
....chop, chop, chop
....knee, knee, knee,
....toe, toe, toe
.... Oohh wash, wash

2. Add the hand movements:

A (hands together) sail- (right hand to partners right hand)
-or (hands together) went (Left hand to partners left hand)
to (hands together) sea (double hands palms with partner),
sea (double hands back of hands to partners), sea (double hands palms with partner).

****Remember to start slow and speed up as you go!****

3. Now make up your own movements

